

TIME	PROGRAM / ACTIVITIES
7:00 to 8:00 a.m.	Arrivals / Free Play
8:30 a.m.	Craft Time / Practice Fine-Motor Skills
9:30 a.m.	Snack Time
10:00 a.m.	Outdoor Play (Backyard/Bike Time/Walking/Park) Weather-Permitting
11:15 a.m.	Wash up/Prep for Lunch
11:30 a.m.	Lunch Time
12:15 p.m.	Nap Time
2:30 - 3:00 p.m.	Wake up
3:00 p.m.	Afternoon Snack
3:30 p.m.	Outdoor Play and/or Craft Time
4:00 to 5:00 p.m.	Play / Parent Pick Up

- This schedule is merely a guideline for our day, actual times and activities often vary in response to children's needs and interests.
- Play includes: arts, crafts, sensory, projects (based on children's interests and may also be thematic), free play.
- Outdoor play include: backyard activities, nearby playgrounds, walks/bike rides around the neighbourhood so long as weather permits.